



Teach...

1. Teach your child that sex, and any sexual conduct or coercion between an adult or older youth and a child, is a crime.
2. Teach your child about personal boundaries and personal power, and be the source of information about sex.
3. Teach your child to never keep secrets from you and to tell—no matter what the leveraged threat against them, against those they love, or maybe even you.
4. Teach your child proper anatomical names of their private parts.

Talk...

5. Talk to your child about a plan of protection if threatened. Tell them to:
 - a. SCREAM “NO” forcefully.
 - b. RUN.
 - c. TELL.
6. Talk about sex and sexual abuse. Ask your child if anyone makes them feel uncomfortable or has touched their private parts or asked them to touch theirs. Be that direct.
7. Talk often about personal power & personal boundaries. Tell your child you will always believe them and that it is your job to protect them.

Take Action...

8. Monitor one-on-one interaction between adult and child. How?
 - a. Drop in unexpectedly.
 - b. Ask how the time was spent, and pay attention to body language and eye contact.
9. Keep the computer in a centralized location, install content control and monitoring software; set parental controls, and monitor all chat rooms, online messaging, email and social networking sites.
10. Always act on suspicions of child sexual abuse—a moment of indecision may cost a child his or her innocence for a lifetime.